**Secret 1**

**Becoming Engrossed In Something Increases Mental And Physical Manifestation**

This means that when you perform the tasks to reach your goal, you need to really "get into it" as if you were completely engrossed in it and as if nothing else existed in the whole world apart from it.

The effects of this directly are:

a) Your mind becomes more relaxed and can access its deeper states.

This means the ideas, creativity, intuition, inspiration, plans, opportunities and understanding exclusively towards your manifestation goal will increase.

b) You will become more efficient, mentally and physically.

When you are more mentally efficient, you get the right ideas and plans you need to achieve your manifestation quickly.

When you are more physically efficient, you will automatically begin to refine your habits and become more disciplined to perform the actions to manifest the goal.

c) You will develop a tendency to get engrossed.

This means that the rate of your manifestations will increase, because you are gradually getting more engrossed, the more engrossed you get, therefore compounding points a) and b) above.
Secret 2

You Can Only Make The Right Decisions Towards Manifestation When You Are Focused Towards Your Goal

To reach your goal requires you to make decisions. You can only make the right decisions when you are focused. If you are not focused, you are guaranteed to make the wrong decisions and move further away from the manifestation you want.

The effects of this directly are:

a) You will automatically make the right decisions under focus

When you are focused, you make the right choice, because focus connects your mind into the depths of your own subconscious which knows the right choices for you. Focus therefore saves you from all the hassle of analysing different choices and routes to your goal when they appear.

b) You will be able to form a step by step system to reach your goal.

Focus creates mental expansion and physical efficiency. This means that the next immediate 2-3 steps to reach your goal will always be shown, and how to do them in the correct order when you are focused to your goal.

This eventually leads to a system of manifestation to your goal, in which the steps you performed in the past will continue to aid in manifesting your goal because they have a compounded effect and continue to increase in effectiveness over time.
Secret 3

An Empty Mind Leads To Manifestation

This means that when your mind is completely empty of all thoughts and you are completely unaware of manifestation, the manifestation takes place. So if you are aware of manifestation taking place, your manifestation will actually decrease.

This effects of this directly are:

a) Increased insight and clarity towards manifestation

That is, when you are unaware of manifestation, your rate of understanding, plans, thoughts and ideas towards achieving your goal will experience a sudden jump.

b) Your confidence towards your goal will increase

The greatest confidence comes when you are actively striving towards what you truly want to manifest. When your mind is empty, there is no mental resistance to the growing confidence and so it can increase exponentially.

c) Your manifestations become similar

When you are free of thoughts, and are only striving to manifest your goal, all the manifestations which take place will be related towards the attainment of your goal. This is because there are no other thoughts apart from those relating to the goal, and so no other manifestations can take place.
Secret 4

Momentary Living Creates Sudden Manifestation Changes.

That is, when you are not thinking about the future or the past, and are only thinking about the tasks ahead of you to reach your goal, your manifestations will suddenly increase towards your goal.

The effects of this directly are:

a) Sudden mental and material manifestations

When you live in the moment, your consciousness connects to its own unconscious foundation which creates the manifestation through you. This is what causes the increased manifestation to happen.

b) Your mind will suddenly become crystal clear and free of vain desires.

Vain desires (for example, TV, fantasising, video games etc etc) will begin to decrease significantly when you live in the moment. You will therefore experience a significant increase in spare time to allow you to strive towards the manifestation you want.
Secret 5

The Time Required To Strive Towards Your Goal Can Be Increased Out Of No Where.

That is, you can create the time you need to manifest your goals. This is significant because busy modern lifestyles tend to make us lack the time we need to achieve our goals, so if we can increase it, our manifestations become a lot easier.

To do this:

a) Time can be increased through changing your actions in focus

By showing a single minded focus to the goal in both mind and body, the actions you perform will automatically create the time to perform subsequent actions towards your manifestation. This is because correct action in focus is created from the unconscious mind inside you which is allowing you to conduct the right actions.

b) Time can be increased by making your actions into habits.

When you make the correct actions a system of habits, you are automatically creating an efficient system of manifestation which is a result of correct habits.
Secret 6

The Quality Of Your Food Diet Is The First Physical Evidence Of What You Are In The Process Of Manifesting.

This is the most underrated component in manifestation. Diet affects the state of your consciousness which is the foundation of what manifests in your life. If your diet is poor, your manifestation is therefore guaranteed to be poor and decreasing.

The implications of this directly are:

a) You must pay attention to what you automatically eat and change your course of action if you crave about certain foods.

If you have a craving, you lack control of your mind and body. When you lack control of the mind and body, you are not in control of the system of manifestation which comes from it. This means you are going to experience negative manifestations, and situations which will be seemingly beyond your control.

b) You must stick to a healthy diet at all times.

Eating "bad foods" can gradually increase the disposition to consume them. This therefore gradually increases the disposition of negative manifestation which arises from it.
Secret 7

Remaining Active In Manifestation As Opposed To Reactive Will Guarantee Manifestation Success.

Staying active towards manifestation means you are taking control of the basis of manifestation in the mind and body. If you remain passive and reactive, you are not in control, and this guarantees negative manifestation.

The effects of this directly are:

a) You must maintain control of your immediate environment

When you take control of the environment, you are making your mind and body more efficient to keep the control. This is because the environment is an extension of the control in the mind and body. To control the environment requires you to remove all things which do not help your goal.

b) You must actively analyse and scrutiny every new thing which enters your life.

New things entering your life are what change your behavior, decisions, thoughts and actions, to change your manifestation. Therefore, in every situation where something new occurs, your manifestation is on a knife-edge in which it can either decrease or increase thereafter.

Well, that's it for now! I hope you have learned something from these simple manifestation secrets! As always, you can contact me by e-mail.

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Finally, don't forget that The Complete Guide To Manifestation strings every component of manifestation together in a revolutionary, simple and step by step manifestation system.

To Your Manifestation Intelligence!

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